# Exe Shore Code

A guide for walkers, birdwatchers, anglers and day visitors to the Exe Estuary





# **Exe Estuary**

The Exe Estuary is a vibrant place, its sheltered shores provide home to an array of wildlife and a wide range of recreational activities. The Exe is a beautiful area to explore, but please remember to give consideration to wildlife.

This guide is aimed at all shore-based visitors to the Exe, including walkers / dog walkers, birdwatchers, anglers, cyclists and any other day visitors.

Prevent litter:
Bin it or take it home





# Be Bird Aware

As you enjoy the wonderful sights and sounds of nature whilst you explore the Exe, remember to give space to birds and avoid disturbing them.

Disturbance is any activity or noise that could change the behaviour of an animal (such as feeding, resting and breeding).

When birds are disturbed they stop feeding, or worse still, fly away. Losing energy can affect their overall condition and survival rate.

As an easy guide: if birds become alert, move away!



#### o Be Safe

Don't put yourself or others at risk, be aware of the dangers from rising tides, soft mud, cliff edges and strong currents.

#### Fish Wisely

Avoid waste, only take bait for planned trips, return unwanted fish and don't discard tackle.

Observe local regulations, such as minimum landing sizes and Bass Nursery Area (see map and www.devonandsevernifca.gov.uk for more information).

#### Observe Estuary Byelaws and Warning Signs

Always follow instructions provided on warnings and information signs around the estuary.

Never swim in the Navigation Channel or in the area marked by red flags.

#### Be Considerate to other Estuary Users

Keep access points / slipways clear at all times and do not park on the foreshore.

Remember to 'Share This Space' by being considerate of other users of the Exe Estuary Trail and keep dogs under effective control on a short lead. More information can be found at www.traveldevon.info/cycle/safe-cycling/share-this-space.

o Fly Safely - drones, model aircraft, kites, gliders

Keep your aircraft at a distance from wildlife to avoid disturbance.

No drones at Dawlish Warren at any time.

Drone users should follow the Civil Aviation

Authority "Dronecode" at www.dronesafe.uk.

# • Emergencies

In an emergency dial 999 and ask for the Coastguard.



The whole of the Exe Estuary is a nationally and internationally important site for wildlife, including **Sites of Special Scientific** Interest (SSSI) and a Special Protection Area (SPA). During



winter, tens of thousands of birds depend on the Exe to rest and feed on their long migratory journeys from areas as far away as Siberia.

> To avoid disturbing birds and help care for this special place, please:

Avoid voluntary Wildlife Refuges where safe to do so (see map).

> Keep noise to a minimum.

Use dedicated access points and keep to paths.

Please do not allow dogs to chase birds or wildlife and bag and bin your dog's poo.

Enjoy watching wildlife but keep a distance of 100m, to avoid putting around the foreshore during I September to reduce disturbance to time to feed and rest before they continue their migratory journeys.





Please be aware that it is an offence to intentionally or recklessly disturb the wildlife in an SSSI or to damage or disturb land known to be an SSSI. It is also an offence to take down, damage or obstruct an SSSI notice or sign.



## **EXE ESTUARY MANAGEMENT PARTNERSHIP**

01392 382236 **Exe Estuary Officer** 

#### SAFETY/POLLUTION

**Black-tailed** 

Godwit

999 Coastguard

or VHF Ch16

## **HARBOUR AUTHORITY (River & Canal Office)**

Office hours 01392 265791 Out of hours emergency 0845 3511060

#### **FISHERIES**

Devon and Severn Inshore Fisheries 01803 854648 and Conservation Authority 07740 175479 (D&SIFCA)

#### WILDLIFE

**Dawlish Warren Visitor Centre** 01626 863980 **Exmouth Local Nature Reserve** 01395 516551 Natural England - Devon Office 0300 060 3900 01825 765546 Injured marine mammals (BDMLR) SEDHRP Mitigation habitatmitigation@eastdevon.gov.uk Officers

For further information, Exe leaflets and other codes of conduct, visit the Exe Estuary Management Partnership website at www.exe-estuary.org or contact the Exe Estuary Officer at exeestua@devon.gov.uk.



These codes have been produced by the Exe Estuary Management Partnership and South East Devon Habitat Regulations Partnership, supported by local users and organisations.







Disturbance is any activity or noise that could change behaviours of an animal, which can impact on survival of migrating birds.

We ask visitors to avoid entering Wildlife Refuges where safe to do so, to allow wildlife space to feed and rest.

# **Exmouth Wildlife Refuge:**

- When accessing the shore from the Imperial Recreation Ground slipway, please turn left to avoid the Refuge.
- Wildfowling takes place on the Exe during their permitted season, including within Exmouth Wildlife Refuge. This activity is agreed through consent with Natural England who grant lease agreements and regulated by Devon Wildfowlers and Conservation Association.

## Dawlish Warren Wildlife Refuge:

- Dogs are not allowed in this area, due to an existing byelaw (see Dawlish Warren Code for more information).
- For other shore activities, such as angling and bait digging, please stay north of the line between Cockwood Steps and the southern tip of the wreck.
- A limited number of crab tilers are permitted to carry out their activity within part of the Wildlife Refuge, in adherence to the D&SIFCA bylaw and Bait Collectors' code of conduct.

# Why is it important to prevent bird disturbance?

When birds are disturbed they are prevented from resting and eating, which can mean they have to use lots of scarce energy. It can be a matter of life and death for the birds, who may already be exhausted from flying 3,000 miles or even more. Disturbance can cause extra stress because birds can be forced to visit areas which don't have as much food available.

